

DESIGN GUIDE MANUAL

デザインガイドマニュアル



● はじめに

このデザインガイドマニュアルは、みえスポーツ応援マスコット「とこまる」に関するデザイン上の基本ルールをまとめたものです。
それぞれの注意事項や色指定等に留意し、広くご活用ください。

● もくじ

● デザイン基本項目

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● 注意事項

本マニュアルに記載されているデザインの著作権は、三重県に帰属しており、使用する場合は原則として事前に申請手続きが必要となりますのでご注意ください。

※カラーは使用環境によって実物と異なって見える場合があります。実際に使用される場合は、本マニュアルにあるCMYKの分解色でご確認ください。
※本デザインガイドマニュアルからの無断引用・転載を禁じます。

マスコットキャラクターは、それぞれの大きさやレイアウト、色には特定の規則性を持たせています。誤った使い方にならないよう、次の点に注意してください。

● 縦横の比率やバランスを変えない



● 色を変えない



● 反転しない、取り除かない



※ 『2021』を削除する場合を除く

● 書き加えない、ほかのものを重ねない



※ 事前にデザイン案を提出し許可を得た場合を除く

● 愛称 とこまる



とこまるの紹介

- ① 三重ブランドである伊勢えびをモチーフにした、活動的で元気な男の子。
- ② 三重県のスポーツを盛り上げるため、さまざまな活動を行います。



カラー表示



モノクロ表示



やむを得ない場合や
刻印・型押しの場合



M=100% Y=100%



M=25% Y=50%



M=82.8% Y=53.9%



C=100% Y=100%



Y=100%



K=40%



K=70%



M=48% Y=71% K=87%



K=70%



K=20.2%



K=54.7%



K=41%



K=11%



K=40%



K=70%



K=100%

陸上競技



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.2%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ C100%	■ K70%	■ K20%	■ K30%

水泳／競泳



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.2%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ C100%	■ K70%	■ K20%	■ K30%
■ C100% M20%	■ C50%	■ C85% M50%	■ K40%	■ K15%	■ K55%

水泳／飛込



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.2%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ C50%	■ K70%	■ K20%	■ K30%
■ C10% K30%	■ C30% K60%	■ C20% K40%	■ K15%	■ K33%	■ K46%
■ C100% M20%	■ C100%	■ K40%	■ K69%		

水泳／アーティスティックスイミング



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.2%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ M60% Y60%	■ K70%	■ K20%	■ K30%
■ C100% M20%	■ C100%	■ M25% Y100%	■ K40%	■ K33%	■ K42%
■ C50%			■ K15%		

水泳／オープンウォータースイミング



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.2%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ M60% Y60%	■ K70%	■ K20%	■ K42%
■ C85% M60% Y30%	■ C100% M20%	■ C100%	■ K30%	■ K41%	■ K37%
■ C50%	■ C100% M20%	■ M70% Y30%	■ K15%	■ K49%	■ K55%

水泳／水球



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.2%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ M60% Y60%	■ K70%	■ K20%	■ K30%
■ C85% M60% Y30%	■ M25% Y80%	■ C100%	■ K42%	■ K90%	■ K15%
■ C50%	■ C100% M20%	■ M70% Y30%	■ K40%	■ K23%	■ K45%

サッカー



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.2%
 K47%
 M100% Y100%
 M25% Y50%
 K70%
 K20%

テニス



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.2%
 K47%
 M100% Y100%
 M25% Y50%
 M25% Y85%
 K70%
 K20%
 K24%
 K50%

ボート



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.2%
 K47%
 M100% Y100%
 M25% Y50%
 C100%
 K70%
 K20%
 K30%
 C100% M20%
 C50%
 M25% Y90%
 K50%
 K15%
 K25%

ホッケー



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.2%
 K47%
 M100% Y100%
 M25% Y50%
 C25% M40% Y65%
 K70%
 K20%
 K30%

水泳／オープンウォータースイミング



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.2%
 K47%
 M100% Y100%
 M25% Y50%
 K70%
 K20%

バレーボール／6人制



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.2%
 K47%
 M100% Y100%
 M25% Y50%
 M60% Y60%
 K70%
 K20%
 K42%
 Y20%

バレーボール／ビーチバレーボール



- | | | | | | |
|-----------------------|-----------------|-------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.2% | ■ K47% |
| ■ M100% Y100% | ■ M45% Y70% | ■ C25% M25% Y40% | ■ K70% | ■ K34% | ■ K26% |
| ■ Y100% | ■ K40% | ■ C100% M20% | ■ K11% | ■ K40% | ■ K41% |
| ■ C25% M25% Y40% K20% | | | ■ K46% | | |

体操／体操競技



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|------------------|-----------------|-------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.2% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ C25% M40% Y65% | ■ K70% | ■ K20% | ■ K38% |
| ■ C20% K40% | | | ■ K20% | | |

体操／新体操



- | | | | | | |
|------------------|-----------------|--------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.2% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ C100% M100% K50% | ■ K70% | ■ K20% | ■ K45% |
| ■ C20% K30% | | | ■ K36% | | |

体操／トランポリン



- | | | | | | |
|------------------|-----------------|-------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.2% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ K40% | ■ K70% | ■ K20% | ■ K40% |

バスケットボール



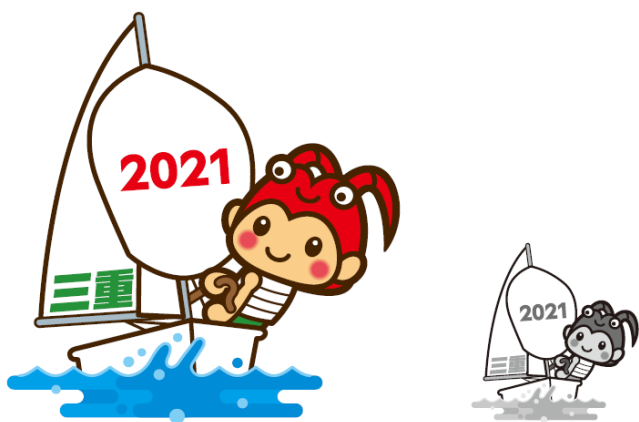
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|-------------------|-----------------|-------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.2% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ M60% Y60% | ■ K70% | ■ K20% | ■ K42% |
| ■ M55% Y100% K20% | | | ■ K63% | | |

レスリング



- | | | | | | |
|------------------|-----------------|-------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.2% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ C50% | ■ K70% | ■ K20% | ■ K42% |

セーリング



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.2%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ C50%	■ K70%	■ K20%	■ K30%
■ C100% M20%	■ C100%	■ C20% K30%	■ K41%	■ K36%	■ K80%
■ C35% M60% Y80% K25%			■ K15%		

ウエイトリフティング



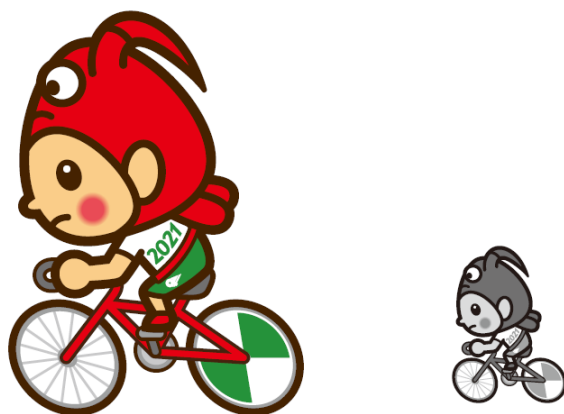
■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.2%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ M60% Y80%	■ K70%	■ K20%	■ K32%
■ M40% Y80%	■ K50%		■ K60%	■ K50%	

ハンドボール



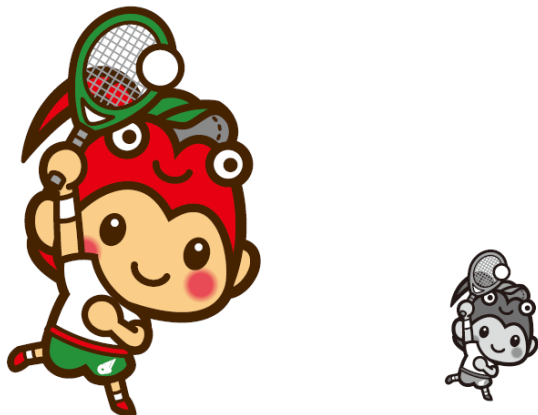
■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.2%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ M60% Y60%	■ K70%	■ K20%	■ K42%
■ M10% Y80%	■ M30% Y80%		■ K15%	■ K30%	

自転車／トラック・ロード



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.2%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ K50%	■ K70%	■ K20%	■ K30%
■ K30%	■ K70%		■ K50%		

水泳／オープンウォータースイミング



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.2%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ K50%	■ K70%	■ K20%	■ K50%
■ K60%			■ K60%		

卓球



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.2%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ C50%	■ K70%	■ K20%	■ K30%
■ C10% K30%	■ C30% K60%		■ K65%	■ K38%	

軟式野球



■ M48% Y71% K87% ■ M82.8% Y53.9% ■ C80% M21% Y100% ■ K100% ■ K54.2% ■ K47%
 ■ M100% Y100% ■ M25% Y50% ■ M60% Y60% ■ K70% ■ K20% ■ K44%
 ■ K40% ■ K80% ■ K10% ■ K40% ■ K80%

相撲



■ M48% Y71% K87% ■ M82.8% Y53.9% ■ C80% M21% Y100% ■ K100% ■ K54.2% ■ K47%
 ■ M100% Y100% ■ M25% Y50% ■ C40% M45% Y50% ■ K70% ■ K20% ■ K38%

馬術



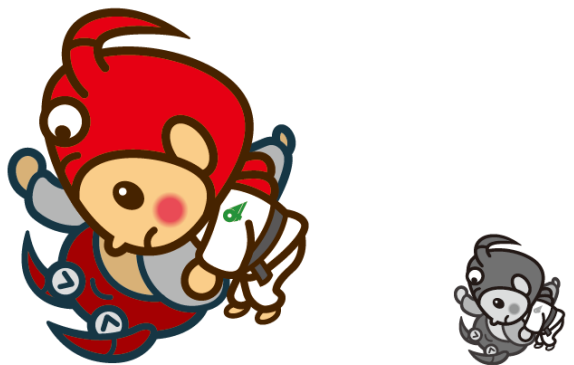
■ M48% Y71% K87% ■ M82.8% Y53.9% ■ M48% Y71% K53% ■ K100% ■ K54.8% ■ K40%
 ■ M100% Y100% ■ M25% Y50% ■ C25% M40% Y65% ■ K70% ■ K20% ■ K75%
 ■ C20% K80% ■ C20% K50% ■ C50% M50% Y60% K25% ■ K86% ■ K30% ■ K60%
 ■ K40% ■ C50% M21% Y100% ■ C55% M60% Y65% K40%

フェンシング



■ M48% Y71% K87% ■ M82.8% Y53.9% ■ M60% Y60% ■ K100% ■ K54.8% ■ K42%
 ■ M100% Y100% ■ M25% Y50% ■ K50% ■ K70% ■ K20% ■ K50%
 ■ K40% ■ K20% ■ K40%

柔道



■ M48% Y71% K87% ■ M82.8% Y53.9% ■ C80% M21% Y100% ■ K100% ■ K54.8% ■ K47%
 ■ M100% Y100% ■ M25% Y50% ■ K80% ■ K70% ■ K20% ■ K80%
 ■ C50% K87% ■ M100% Y100% K40% ■ M25% Y50% K20% ■ K40% ■ K90%
 ■ K20%

ソフトボール



■ M48% Y71% K87% ■ M82.8% Y53.9% ■ C80% M21% Y100% ■ K100% ■ K54.8% ■ K47%
 ■ M100% Y100% ■ M25% Y50% ■ C25% M40% Y65% ■ K70% ■ K20% ■ K30%
 ■ C30% M50% Y75% K10% ■ K60%

バドミントン



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 K50%
 K70%
 K20%
 K50%

弓道



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 K80%
 K70%
 K20%
 K30%
 K70%
 M40% Y40% K60%
 C35% M60% Y80% K25%
 K60%
 K50%

ライフル射撃／CP



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 C30% M50% Y75% K20%
 K70%
 K20%
 K66%
 K50%
 K30%

ライフル射撃／CP以外



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 C35% M60% Y80% K25%
 K70%
 K20%
 K60%
 K90%
 K80%
 C55% M60% Y65% K40%
 K80%
 K90%

剣道



M48% Y71% K87%
 M82.8% Y53.9%
 C70% M60% K40%
 K100%
 K54.8%
 K90%
 M100% Y100%
 M25% Y50%
 C25% M25% Y40%
 K70%
 K20%
 K40%
 M100% Y100% K40%
 C25% M40% Y65%

ラグビーフットボール



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 K70%
 K20%

スポーツクライミング／リード・ボルダリング



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ M70% Y40%	■ K70%	■ K20%	■ K35%
■ C60% M15%	■ M35% Y85%	■ C40% M45% Y50% K5%	■ K60%	■ K50%	
■ C25% M25% Y40%					

カヌー／スプリント



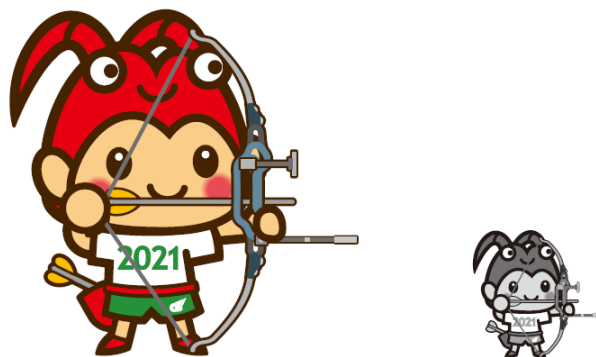
■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ C100% M20%	■ K70%	■ K20%	■ K40%
■ C50%	■ Y40%	■ C100%	■ K60%		
■ K60%					

カヌー／スラローム・ワイルドウォーター



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ C100%	■ K70%	■ K20%	■ K40%
■ C50%	■ C100% M20%	■ C50% Y100%	■ K60%	■ K50%	■ K30%
■ K20%	■ M70% Y50% K20%				

アーチェリー



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ M30% Y100%	■ K70%	■ K20%	■ K30%
■ C40% K50%	■ K40%	■ K70%	■ K40%	■ K60%	

空手道



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ M60% Y60%	■ K100%	■ K54.8%	■ K40%
■ M100% Y100%	■ M25% Y50%	■ K80%	■ K70%	■ K20%	■ K80%

クレー射撃



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ C50%	■ K70%	■ K20%	■ K40%
■ K70%	■ K40%	■ C35% M60% Y80% K25%	■ K90%	■ K50%	

なぎなた



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|------------------|-----------------|------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C70% M60% K40% | ■ K100% | ■ K54.8% | ■ K80% |
| ■ M100% Y100% | ■ M25% Y50% | ■ C25% M40% Y65% | ■ K70% | ■ K20% | ■ K40% |

ボウリング



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|------------------|------------------|-------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ M35% Y85% | ■ K70% | ■ K20% | ■ K30% |
| ■ K80% | ■ C25% M40% Y65% | ■ K50% | ■ K80% | ■ K60% | |

ゴルフ



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|------------------|-----------------|-------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ K60% | ■ K70% | ■ K20% | ■ K60% |
| ■ K50% | ■ K30% | ■ K50% | ■ K30% | | |

トライアスロン



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|------------------|-----------------|-------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ M60% Y60% | ■ K70% | ■ K20% | ■ K40% |
| ■ C85% M50% | ■ C100% | ■ C100% M20% | ■ K90% | ■ K15% | ■ K60% |
| ■ C50% | ■ C15% K80% | ■ C15% K55% | | | |
| ■ K70% | ■ K50% | ■ K30% | | | |

高等学校野球／硬式・軟式



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|------------------|-----------------|-----------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ M60% Y60% | ■ K70% | ■ K20% | ■ K30% |
| ■ K80% | ■ K50% | ■ C30% M50% Y75% K10% | ■ K50% | ■ K90% | |
| ■ C10% M40% Y65% | | | | | |

綱引



- | | | | | | |
|------------------|-----------------|-------------------|---------|----------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ C20% M40% Y65% | ■ K70% | ■ K20% | ■ K38.2% |

ゲートボール



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ C40%	■ K70%	■ K20%	■ K40%
■ C20% M35% Y65%	■ C30% M50% Y75% K10%		■ K56.7%	■ K33.8%	

武術太極拳



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%		■ K70%	■ K20%	■ K56.7%

パワーリフティング



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ C30% M50% Y75% K10%	■ K70%	■ K20%	■ K40%
■ M100% Y100% K40%	■ K40%	■ K70%	■ K56.7%	■ K80%	

グラウンド・ゴルフ



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ K40%	■ K70%	■ K20%	■ K40%
■ C20% M35% Y65%	■ C30% M50% Y75% K10%		■ K56.7%	■ K33.8%	

伊賀流手裏剣打スポーツ



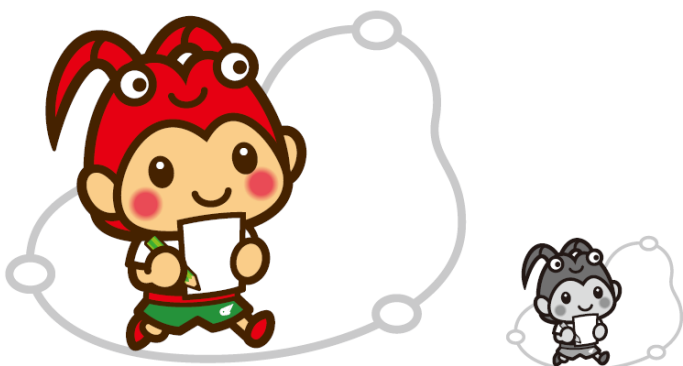
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■ M100% Y100%	■ M25% Y50%	■ C25% M40% Y65%	■ K70%	■ K20%	■ K38.2%
■ C30% M50% Y75% K10%	■ K50%	■ K30%	■ K56.7%	■ K50%	■ K30%
■ K20%					

ウォーキング



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ K60%	■ K70%	■ K20%	■ K60%
■ K10%	■ K30%		■ K10%	■ K30%	

ウォークラリー



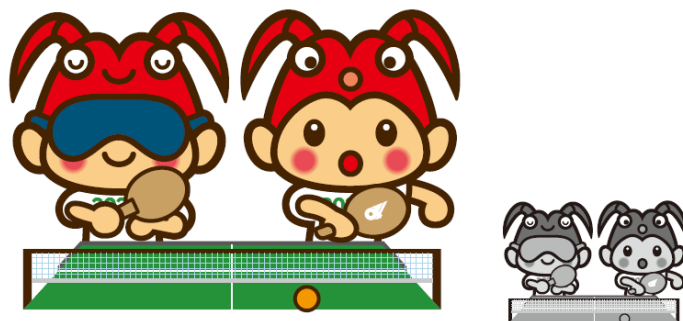
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|------------------|-----------------|-------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ C50% Y100% | ■ K70% | ■ K20% | ■ K30% |
| ■ C70% Y100% | ■ K30% | | ■ K26% | | |

エアロビック



- | | | | | | |
|------------------|-----------------|-------------------|----------|----------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ M60% Y60% | ■ K70% | ■ K20% | ■ K42% |
| ■ K40% | ■ C50% Y100% | ■ C70% M15% | ■ K33.5% | ■ K26% | ■ K26.8% |
| ■ C40% | ■ C100% K60% | | ■ K29.2% | ■ C53.8% | |

SSピンポン



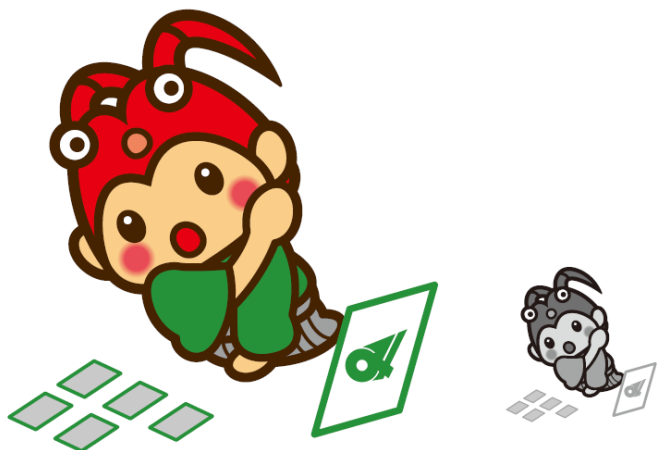
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|------------------|-----------------|-------------------|----------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ M60% Y60% | ■ K70% | ■ K20% | ■ K42% |
| ■ C25% M40% Y65% | ■ K30% | ■ M50% Y100% | ■ K38.2% | ■ K40.5% | ■ K30% |
| ■ C30% K10% | | | ■ K19% | | |

カッターレース



- | | | | | | |
|------------------|--------------------|--------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ M60% Y60% | ■ K70% | ■ K20% | ■ K42% |
| ■ C100% | ■ C100% M20% | ■ C50% | ■ K30% | ■ K41.8% | ■ K15% |
| ■ C50% | ■ M100% Y100% K30% | ■ M100% Y100% K30% | | | |

かるた競技



- | | | | | | |
|------------------|-----------------|-------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ M60% Y60% | ■ K70% | ■ K20% | ■ K30% |
| ■ K30% | ■ K50% | | ■ K50% | ■ K42% | |

カローリング



- | | | | | | |
|--------------------|-----------------|-------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ M60% Y60% | ■ K70% | ■ K20% | ■ K30% |
| ■ M100% Y100% K48% | ■ K30% | ■ K60% | ■ K60% | ■ K42% | |

キンボールスポーツ



- | | | | | | |
|------------------|-----------------|-------------------|----------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ M60% Y60% | ■ K70% | ■ K20% | ■ K42% |
| ■ M70% | | | ■ K41.3% | | |

クッブ



- | | | | | | |
|------------------|------------------|-------------------|----------|----------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ M60% Y60% | ■ K70% | ■ K20% | ■ K61.3% |
| ■ M25% Y60% | ■ M25% Y60% K40% | | ■ K21.3% | ■ K42% | |

シーカヤック



- | | | | | | |
|------------------|-----------------|-------------------|----------|----------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ K30% | ■ K70% | ■ K20% | ■ K30% |
| ■ K50% | ■ Y100% | ■ M20% Y80% | ■ K9% | ■ K11% | ■ K15% |
| ■ M28% Y100% | ■ C30% | ■ C50% | ■ K20.6% | ■ K30% | ■ K41.8% |
| ■ C100% | ■ C100% M20% | ■ C75% Y100% | ■ K50% | ■ K70% | ■ K27.5% |
| ■ K70% | | | ■ K33.5% | | |

スタンドアップパドルボード



- | | | | | | |
|-----------------------|-----------------------|------------------------|----------|----------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ K40% | ■ K70% | ■ K20% | ■ K54.8% |
| ■ K60% | ■ C50% | ■ C100% | ■ K30% | ■ K42% | ■ K96.2% |
| ■ C100% M20% | ■ C50% Y100% | ■ C66% M13% Y98% K5% | ■ K15% | ■ K41.8% | ■ K60% |
| ■ C75% M25% Y100% K5% | ■ C55.4% M26% Y90% | ■ C67% M40% Y94% | ■ K53.2% | ■ K43.6% | ■ K40% |
| ■ C50% M65% Y90% K10% | ■ C55% M75% Y95% K25% | ■ C60% M80% Y100% K40% | ■ K26% | ■ K73.2% | |

健康体操



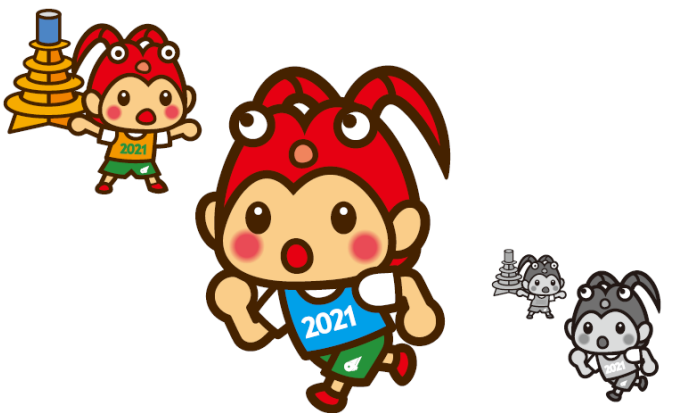
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|------------------|-----------------|-------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | | ■ K70% | ■ K20% | |

3B体操



- | | | | | | |
|------------------|-----------------|-------------------|----------|----------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | ■ M50% Y100% | ■ K70% | ■ K20% | ■ K30% |
| ■ K80% | ■ C70% M15% | ■ M20% Y100% | ■ K40.5% | ■ K29.8% | ■ K55% |
| ■ C80% M50% | ■ M35% Y85% | ■ C50% Y100% | ■ K26% | ■ K80% | ■ K22.8% |

スポーツ鬼ごっこ



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ C100%	■ K70%	■ K20%	■ K30%
■ M60% Y60%	■ M50% Y100%	■ M40% Y100%	■ K42%	■ K40.5%	■ K34.6%
■ M60% Y100%	■ C70% M40%	■ K20%	■ K46.4%	■ K44.6%	

スポーツ健康吹き矢



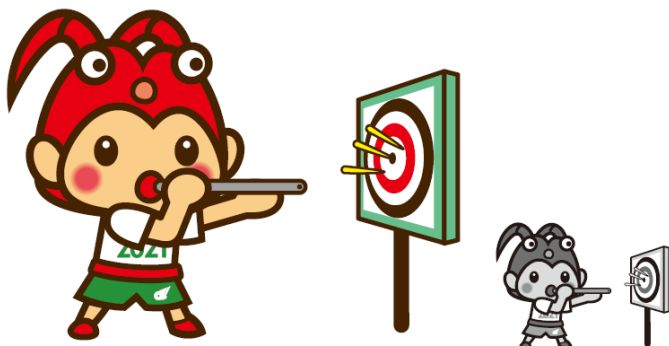
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■ M100% Y100%	■ M25% Y50%	■ C100%	■ K70%	■ K20%	■ K30%

スポーツチャンバラ



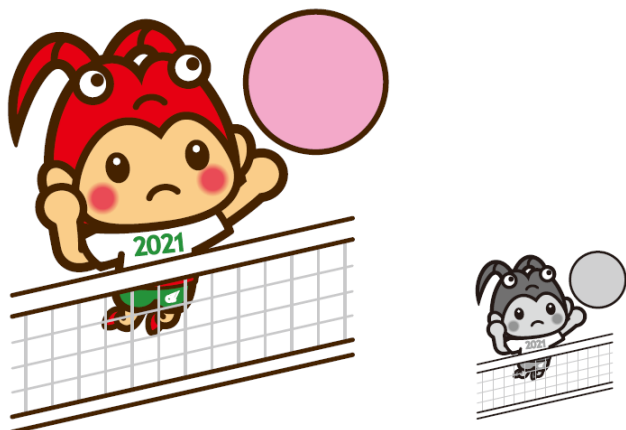
■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ M60% Y60%	■ K70%	■ K20%	■ K42%
■ K50%	■ K80%				

スポーツウエルネス吹き矢



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ M60% Y60%	■ K70%	■ K20%	■ K42%
■ C35% M60% Y80% K25%	■ Y100%	■ C60% Y55%	■ K50%	■ K24%	■ K11%

ソフトバレーボール



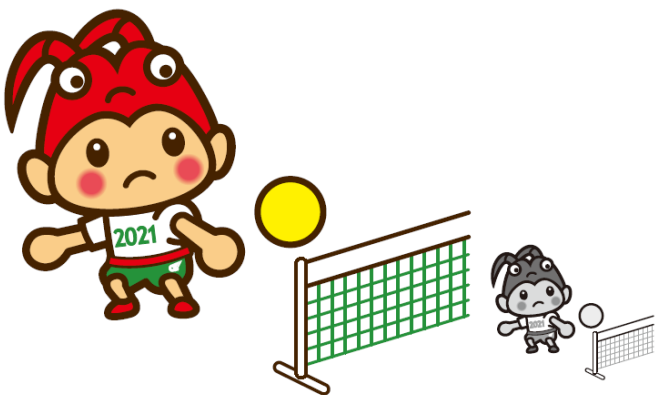
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■ M100% Y100%	■ M25% Y50%	■ M60% Y60%	■ K70%	■ K20%	■ K30%
■ K30%			■ K26.5%		

ターゲット・バードゴルフ



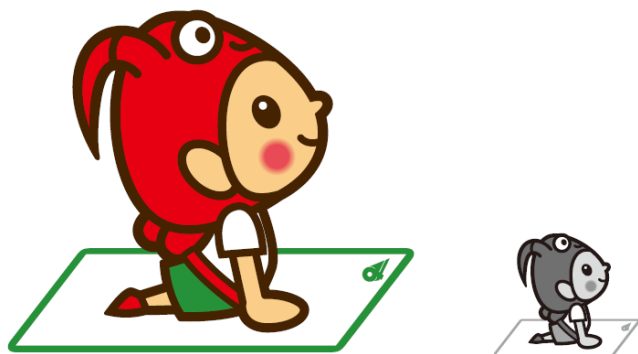
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■ M100% Y100%	■ M25% Y50%	■ C70% Y100% K50%	■ K70%	■ K20%	■ K82%
■ Y20%					

タスポニー



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 Y100%
 K70%

チベットヨガ



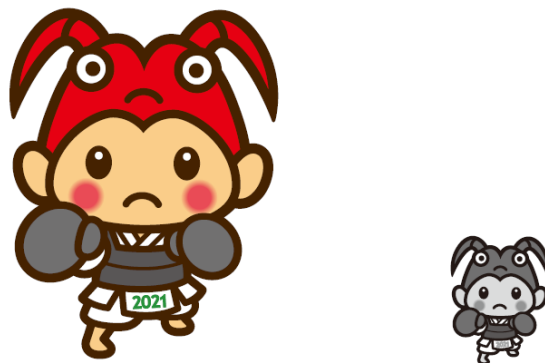
M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 K70%
 K20%

ディスクゴルフ



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 C5% Y90%
 K70%
 K20%
 K40%
 K11.4%
 K40%

日本拳法



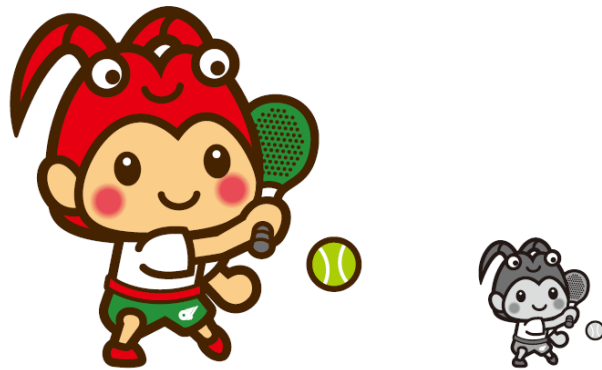
M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 K70%
 K80%
 K20%

パークゴルフ



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 K30%
 K70%
 K20%
 K30%
 K60%
 K40.5%
 M50% Y100%

パドルテニス



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 K70%
 K70%
 K20%
 K23%
 C40% Y100%

ビーチボールバレー



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 K70%
 K20%

ビリヤード



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 K70%
 K20%
 K38.2%
 C80% M20% Y100% K50%
 C25% M40% Y65%
 K23%

ファミリーバドミントン



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 K50%
 K70%
 K20%
 K50%
 Y100%
 Y20%
 K60%

パタンク



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 K50%
 K70%
 K20%
 K50%
 Y100%
 Y20%
 M80% Y80%
 C25% M40% Y65%

ユニカール



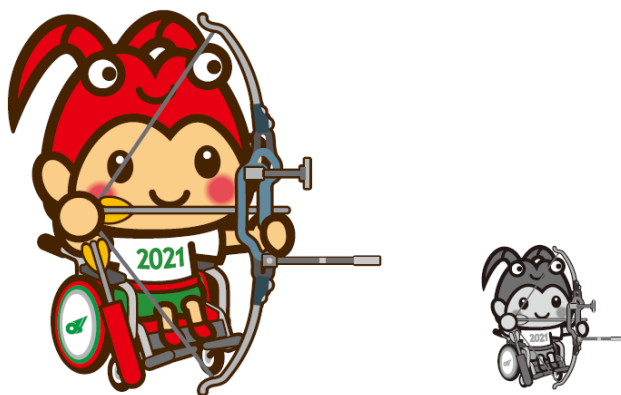
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 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 K40%
 K26%
 K29.8%
 C50% Y100%
 C70% M15%
 C100% K60%
 K90%
 K12%

ラジオ体操



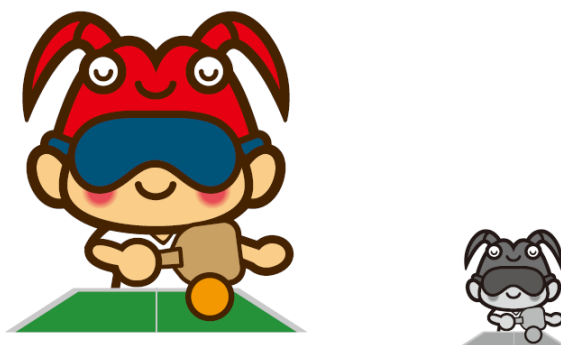
M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K54.8%
 K47%
 M100% Y100%
 M25% Y50%
 K40%
 K30%
 K10%
 K80%
 K70%
 K60%
 K42%
 K20%
 K30%
 K40%
 K30%
 K60%
 K40%
 K30%

アーチェリー（車椅子）



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ C40% M45% Y50%	■ K70%	■ K20%	■ K28.7%
■ C40% K50%	■ C40% K80%	■ K40%	■ K62%	■ K92%	■ K40%
■ K70%	■ K80%	■ K30%	■ K80%	■ K30%	

卓球／サウンドテーブルテニス



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ K30%	■ K70%	■ K20%	■ K38.2%
■ C80% M20% K60%	■ C20% M40% Y65%	■ M50% Y100%	■ K80%	■ K30%	■ K40.5%

フライングディスク



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K40%
■ M100% Y100%	■ M25% Y50%	■ M60% Y60%	■ K70%	■ K20%	■ K47%
■ K40%			■ K42%		

車椅子バスケットボール



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ M60% Y60%	■ K70%	■ K20%	■ K42%
■ M55% Y100% K20%	■ K40%	■ K70%	■ K63.4%	■ K40%	

グラウンドソフトボール



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ M60% Y60%	■ K70%	■ K20%	■ K42%

フットベースボール



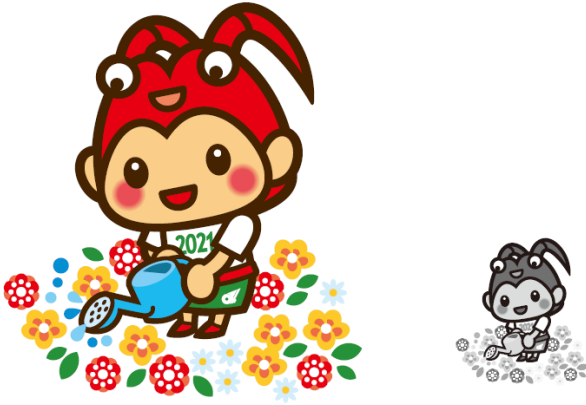
■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ M60% Y60%	■ K70%	■ K20%	■ K38.2%
■ M55% Y100% K20%	■ K70%	■ K60%	■ K42%	■ K60%	■ K80%
■ K80%	■ K30%		■ K30%		

ポッチャ



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K54.8%	■ K47%
■ M100% Y100%	■ M25% Y50%	■ C85% M50%	■ K70%	■ K20%	■ K30%
■ K70%	■ K30%		■ K55%		

花いっぱい



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K24.1%
■ M100% Y100%	■ M25% Y50%	■ C50%	■ K70%	■ K47%	■ K6%
■ C70% K50%	■ C70%	■ M25% Y85%	■ K54.8%	■ K40%	■ K49%
■ M70% Y70%	■ C20%	■ C85% M25%	■ K71%	■ K21%	■ K40.2%

環境美化



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ C50%	■ K70%	■ K47%	■ K73.5%
■ C70% K50%	■ C70%		■ K36.3%	■ K12%	

交通安全



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ M82.8% Y53.9%	■ K70%	■ K47%	■ K40%
■ M20% Y100%	■ K40%		■ K22.8%		

健康づくり



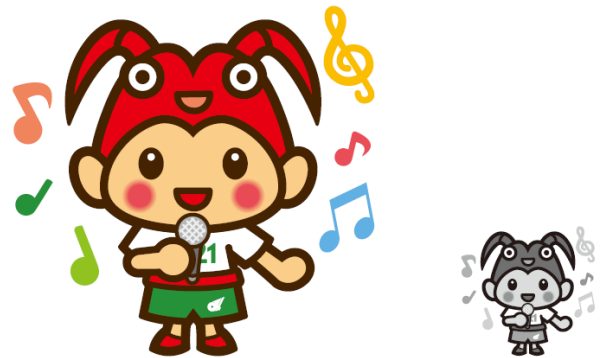
■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%		■ K70%	■ K47%	

ダンス



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ C70%	■ K70%	■ K47%	■ K21%
■ M35% Y85%	■ C50% Y100%		■ K30%	■ K26%	

ソング



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ M60% Y60%	■ K70%	■ K47%	■ K26%
■ C50% Y100%	■ M31% Y100%	■ C60% M15%	■ K42%	■ K29.2%	■ K26.8%
■ K50%	■ K70%	■ K40%	■ K70%	■ K40%	■ K50%

ボランティア



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ C70% M15%	■ K70%	■ K47%	■ K26%
■ C50% Y100%	■ M80% Y50%		■ K29.8%	■ K52.7%	

介助



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ K70%	■ K70%	■ K47%	■ K30%
■ K30%	■ K40%		■ K70%	■ K40%	

応援①



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ M60% Y60%	■ K70%	■ K47%	■ K22.8%
■ M20% Y100%			■ K42%		

応援②



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ M60% Y60%	■ K70%	■ K47%	■ K25.7%
■ M25% Y100%	■ M60% Y100%		■ K42%	■ K46.4%	

歓迎



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ C50% Y100%	■ K70%	■ K47%	■ K15%
■ C50%	■ M25% Y85%	■ M70% Y70%	■ K26%	■ K24.1%	■ K49%

食事



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ C25% M40% Y65%	■ K70%	■ K47%	■ K38.2%
■ C25%	■ C60%	■ M20% Y100%	■ K56.7%	■ K7.5%	■ K32.8%
■ C50% Y100%	■ M50% Y100%	■ C30% M50% Y75% K10%	■ K18%	■ K26%	■ K40.5%

三重ブランド①



■ M48% Y71% K87%	■ M25% Y50%	■ M100% Y100%	■ K100%	■ K20%	■ K70%
■ C80% M21% Y100%	■ M82.8% Y53.9%	■ M70.7% Y63.6%	■ K47%	■ K54%	■ K48%
■ M85% Y80%	■ M25% Y25%	■ C5% M10% Y20%	■ K58%	■ K17%	■ K9%
■ C10% M40% Y35%	■ C10% M25% Y40% K25%	■ M66% Y85%	■ K30%	■ K36%	■ K30%
■ M100% Y100% K45%	■ M45% Y90%	■ C75% Y75%	■ K26%	■ K79%	■ K44%
■ C50% Y100%	■ C35% M60% Y80% K25%	■ C10% M5% K39%			

三重ブランド②



■ M48% Y71% K87%	■ M25% Y50%	■ M100% Y100%	■ K100%	■ K20%	■ K70%
■ C80% M21% Y100%	■ M90% Y60%	■ M90% Y60% K30%	■ K47%	■ K59%	■ K89%
■ C30% M80% Y75% K59%	■ C25% M40% Y75%	■ C25% M40% Y75% K40%	■ K5%	■ K39%	■ K79%
■ Y50%	■ C20%	■ M25%	■ K40%	■ K6%	■ K14%
■ C22% Y33% K30%	■ M40% Y25% K45%	■ C90% M30% Y40% K80%	■ K22%	■ K71%	
■ C90% M30% Y40% K30%	■ M25% K73%	■ K70%			

募金①



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ C30% M50% Y75% K10%	■ K70%	■ K47%	■ K3.85%

募金②



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ M60% Y40%	■ K70%	■ K47%	■ K39.8%

インタビュー



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ M60% Y60%	■ K70%	■ K47%	■ K70%
■ K70%	■ K50%	■ K40%	■ K42%	■ K50%	■ K40%
■ K20%			■ K20%		

宿泊



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%		■ K70%	■ K47%	

郵便



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ M100% Y100% K30%	■ K70%	■ K47%	■ K90%
■ K20%			■ K20%		

歩こう！



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%		■ K70%	■ K47%	

自転車に乗ろう！



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ M28% Y65%	■ K70%	■ K47%	■ K7.15%
■ Y65%	■ K70%	■ K30%	■ K23.6%	■ K30%	■ K60%
■ K60%	■ K20%	■ K40%	■ K70%	■ K20%	■ K40%

缶バッジ



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ C30% M50% Y75% K10%	■ K70%	■ K47%	■ K38.2%
■ C25% M40% Y65%	■ K50%	■ K30%	■ K56.7%	■ K30%	■ K20%
■ K20%	■ K80%	■ K90%	■ K50%	■ K80%	■ K90%

美術



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ C70% M15%	■ K70%	■ K47%	■ K26%
■ C50% Y100%	■ C5% M30% Y65%	■ C25% M40% Y65%	■ K29.8%	■ K26.3%	■ K38.2%

学習



■ M48% Y71% K87%	■ M82.8% Y53.9%	■ C80% M21% Y100%	■ K100%	■ K20%	■ K54.8%
■ M100% Y100%	■ M25% Y50%	■ M60% Y60%	■ K70%	■ K47%	■ K22.8%
■ M20% Y100%			■ K42%		

書道



- | | | | | | |
|------------------|-----------------|-------------------|---------|----------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K20% | ■ K54.8% |
| ■ M100% Y100% | ■ M25% Y50% | ■ M60% Y60% | ■ K70% | ■ K47% | ■ K25.7% |
| ■ M25% Y100% | ■ M60% Y100% | | ■ K42% | ■ K46.4% | |

吹奏楽



- | | | | | | |
|------------------|-----------------|-------------------|----------|--------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K20% | ■ K54.8% |
| ■ M100% Y100% | ■ M25% Y50% | ■ C25% M40% K65% | ■ K70% | ■ K47% | ■ K40.5% |
| ■ M50% Y100% | ■ M35% Y85% | ■ M15% Y90% | ■ K38.2% | ■ K30% | ■ K18.7% |
| ■ M40% Y90% | | | ■ K33.5% | | |

式典演技



- | | | | | | |
|-------------------|-----------------|---------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M25% Y50% | ■ M100% Y100% | ■ K100% | ■ K20% | ■ K70% |
| ■ C80% M21% Y100% | ■ M82.8% Y53.9% | ■ Y100% | ■ K47% | ■ K54.8% | ■ K11% |
| ■ M50% Y100% | | | ■ K40% | | |

式典音楽



- | | | | | | |
|-------------------|-----------------|---------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M25% Y50% | ■ M100% Y100% | ■ K100% | ■ K20% | ■ K70% |
| ■ C80% M21% Y100% | ■ M82.8% Y53.9% | ■ K30% | ■ K47% | ■ K54.8% | ■ K30% |
| ■ C40% M45% Y50% | | | ■ K49% | | |

合唱



- | | | | | | |
|------------------|----------------------|-------------------|---------|--------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K20% | ■ K54.8% |
| ■ M100% Y100% | ■ M25% Y50% | ■ Y40% | ■ K70% | ■ K47% | ■ K38.2% |
| ■ C25% M40% Y65% | ■ C40% M45% Y50% K5% | ■ M30% Y100% | ■ K4.4% | ■ K49% | ■ K28.7% |

休憩



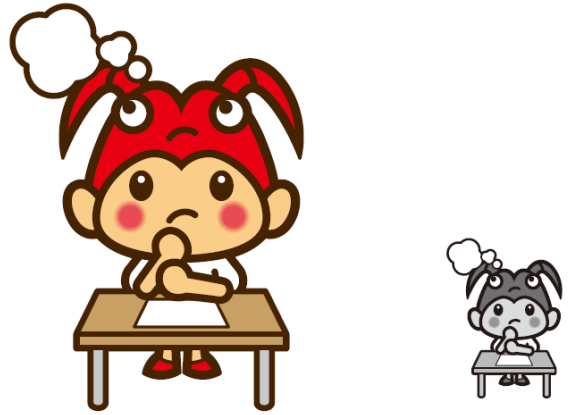
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| ■ M100% Y100% | ■ M25% Y50% | ■ M60% Y40% | ■ K70% | ■ K47% | ■ K39.8% |
| ■ C40% | ■ M40% Y70% K70% | | ■ K12% | | |

広報ボランティア



- | | | | | | |
|------------------|-----------------|-------------------|----------|----------|---------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K20% | ■ K70% |
| ■ M100% Y100% | ■ M25% Y50% | ■ C15% | ■ K47% | ■ K54.8% | ■ K4.5% |
| ■ C26% K20% | ■ K30% | ■ K50% | ■ K27.8% | ■ K330% | ■ K50% |

考え中



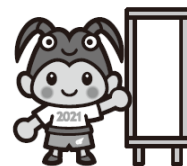
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| ■ M100% Y100% | ■ M25% Y50% | ■ K30% | ■ K47% | ■ K54.8% | ■ K30% |

行進



M48% Y71% K87%
 M25% Y50%
 M100% Y100%
 K100%
 K20%
 K70%
 C80% M21% Y100%
 M82.8% Y53.9%
 K47%
 K54.8%

案内看板



M48% Y71% K87%
 M25% Y50%
 M100% Y100%
 K100%
 K20%
 K70%
 C80% M21% Y100%
 M82.8% Y53.9%
 K30%
 K47%
 K54.8%
 K30%

案内 (机)



M48% Y71% K87%
 M25% Y50%
 M100% Y100%
 K100%
 K20%
 K70%
 C80% M21% Y100%
 M82.8% Y53.9%
 C25% M40% Y65%
 K47%
 K54.8%
 K38%

禁止



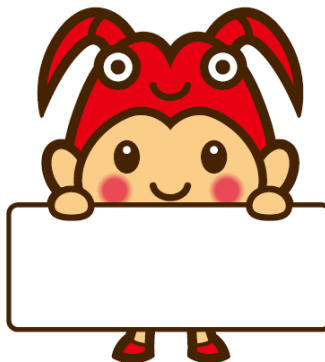
M48% Y71% K87%
 M25% Y50%
 M100% Y100%
 K100%
 K20%
 K70%
 C80% M21% Y100%
 M82.8% Y53.9%
 K47%
 K54.8%

フリーボード①



M48% Y71% K87%
 M82.8% Y53.9%
 C80% M21% Y100%
 K100%
 K20%
 K54.8%
 M100% Y100%
 M25% Y50%
 M60% Y60%
 K70%
 K47%
 K42%

フリーボード②



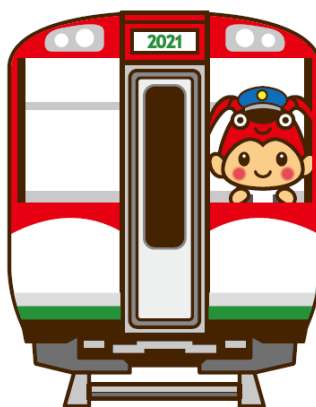
M48% Y71% K87%
 M82.8% Y53.9%
 M100% Y100%
 K100%
 K20%
 K70%
 M25% Y50%
 K54.8%

バス



- | | | | | | |
|------------------|-----------------|-------------------|----------|--------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K20% | ■ K54.8% |
| ■ M100% Y100% | ■ M25% Y50% | ■ C85% M50% | ■ K70% | ■ K47% | ■ Y8.8% |
| ■ Y80% | ■ M50% Y100% | ■ K30% | ■ K55% | ■ K30% | ■ K60% |
| ■ K60% | ■ K50% | ■ K40% | ■ K40.5% | ■ K50% | ■ K40% |

電車



- | | | | | | |
|------------------|-----------------|-------------------|---------|--------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K20% | ■ K54.8% |
| ■ M100% Y100% | ■ M25% Y50% | ■ C85% M50% | ■ K70% | ■ K47% | ■ Y8.8% |
| ■ Y80% | ■ K70% | ■ K30% | ■ K55% | ■ K70% | ■ K30% |
| ■ K20% | | | ■ K20% | | |

サポート



- | | | | | | |
|-------------------|-----------------|---------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M25% Y50% | ■ M100% Y100% | ■ K100% | ■ K20% | ■ K70% |
| ■ C80% M21% Y100% | ■ M82.8% Y53.9% | ■ M40% Y10% | ■ K47% | ■ K54.8% | ■ K24% |
| ■ K70% | ■ K40% | ■ K30% | ■ K70% | ■ K40% | ■ K30% |

表彰



- | | | | | | |
|--------------------|--------------------|-------------------|---------|--------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K20% | ■ K54.8% |
| ■ M100% Y100% | ■ M25% Y50% | ■ M60% Y60% | ■ K70% | ■ K47% | ■ K25.7% |
| ■ M25% Y100% | ■ K20% | ■ M40% Y70% K70% | ■ K42% | ■ K20% | ■ K90% |
| ■ M100% Y100% K20% | ■ M100% Y100% K40% | | | | |

こちらです



- | | | | | | |
|------------------|-----------------|-------------------|---------|----------|--------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K54.8% | ■ K47% |
| ■ M100% Y100% | ■ M25% Y50% | | ■ K70% | ■ K20% | |

手話通訳



- | | | | | | |
|------------------|-----------------|-------------------|---------|--------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K20% | ■ K54.8% |
| ■ M100% Y100% | ■ M25% Y50% | ■ C100% | ■ K70% | ■ K47% | ■ K38.2% |
| ■ C25% M40% Y65% | ■ K50% | ■ K20% | ■ K30% | ■ K50% | |

要約筆記（手書き）



- | | | | | | |
|------------------|-----------------|-------------------|----------|--------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K20% | ■ K54.8% |
| ■ M100% Y100% | ■ M25% Y50% | ■ M40% Y65% | ■ K70% | ■ K47% | ■ K38.2% |
| ■ C25% M40% Y65% | ■ K60% | ■ K85% | ■ K30.7% | ■ K60% | ■ K85% |
| ■ K70% | | | ■ K70% | | |

要約筆記（パソコン）



- | | | | | | |
|------------------|------------------|-----------------------|---------|----------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K20% | ■ K54.8% |
| ■ M100% Y100% | ■ M25% Y50% | ■ C85% M50% | ■ K70% | ■ K47% | ■ K95% |
| ■ C85% M50% K40% | ■ K20% | ■ K40% | ■ K55% | ■ K40% | ■ K70% |
| ■ K70% | ■ C25% M40% Y65% | ■ C35% M60% Y80% K25% | ■ K20% | ■ K38.2% | ■ K79.7% |

手話・筆談



- | | | | | | |
|------------------|-----------------|-------------------|----------|--------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K20% | ■ K54.8% |
| ■ M100% Y100% | ■ M25% Y50% | ■ C100% | ■ K70% | ■ K47% | ■ K40.5% |
| ■ M50% K100% | ■ C75% Y100% | ■ M35% K85% | ■ K30% | ■ K50% | ■ K38.2% |
| ■ C25% M40% Y65% | ■ K50% | | ■ K33.5% | | |

盲ろう者通訳介助



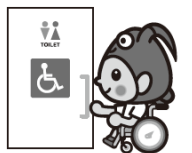
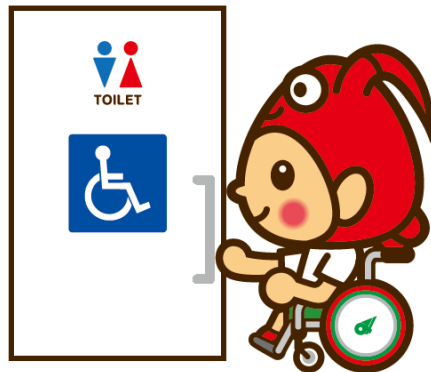
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|------------------|-----------------|-------------------|----------|--------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K20% | ■ K54.8% |
| ■ M100% Y100% | ■ M25% Y50% | ■ C25% M40% Y65% | ■ K70% | ■ K47% | ■ K20% |
| ■ K20% | ■ K70% | ■ K50% | ■ K38.2% | ■ K50% | ■ K70% |

移動支援



- | | | | | | |
|------------------|-----------------|-------------------|----------|--------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K20% | ■ K54.8% |
| ■ M100% Y100% | ■ M25% Y50% | ■ C25% M40% Y65% | ■ K70% | ■ K47% | ■ K70% |
| ■ K70% | | | ■ K38.2% | | |

障がい者用トイレ



- | | | | | | |
|------------------|-----------------|-------------------|---------|--------|----------|
| ■ M48% Y71% K87% | ■ M82.8% Y53.9% | ■ C80% M21% Y100% | ■ K100% | ■ K20% | ■ K54.8% |
| ■ M100% Y100% | ■ M25% Y50% | ■ C85% M50% | ■ K70% | ■ K47% | ■ K71.3% |
| ■ C100% M70% | ■ K30% | ■ K70% | ■ K55% | ■ K30% | ■ K70% |
| ■ K40% | | | ■ K40% | | |

県営陸上競技場



M48% Y71% K87%	M82.8% Y53.9%	C80% M21% Y100%	K100%	K20%	K54.8%
M100% Y100%	M25% Y50%	M60% Y60%	K70%	K47%	K42%
C59% M20% Y75% K5%	C45% M70% Y60%	K50%	K42%	K61%	K50%
C60% M40% Y30%	C75% M40% Y60%	C75% M65% Y55% K10%	K44%	K52%	K76%
M30% Y40% K45%	C50% M20% Y75%	C70% M51% Y70% K10%	K37%	K35%	K68%
C21% M16% Y18%	C50% M20% Y20%	C40% M25% Y25%	K18%	K29%	

自販機



M48% Y71% K87%	M82.8% Y53.9%	C80% M21% Y100%	K100%	K20%	K54.8%
M100% Y100%	M25% Y50%	C100%	K70%	K47%	K38.2%
K20%	K40%	K60%	K20%	K40%	K60%
M96% Y96%	C48%	M50% Y100%	K67%	K14%	K34%
C14% M3% Y53%	C52% M4% Y88%	Y100%	K11%	K28%	K3%
C10% Y3%					

元気出していこう



■ M48% Y71% K87% ■ M82.8% Y53.9% ■ C80% M21% Y100% ■ K100% ■ K20% ■ K54.8%
 ■ M100% Y100% ■ M25% Y50% ■ M60% Y60% ■ K70% ■ K47% ■ K42%

投げキッス



■ M48% Y71% K87% ■ M82.8% Y53.9% ■ C80% M21% Y100% ■ K100% ■ K20% ■ K54.8%
 ■ M100% Y100% ■ M25% Y50% ■ M80% Y50% ■ K70% ■ K47% ■ K42%
 ■ M60% Y60% ■ K52.7%

おじぎ



■ M48% Y71% K87% ■ M82.8% Y53.9% ■ C80% M21% Y100% ■ K100% ■ K20% ■ K54.8%
 ■ M100% Y100% ■ M25% Y50% ■ K70% ■ K47%

あいさつ



■ M48% Y71% K87% ■ M82.8% Y53.9% ■ C80% M21% Y100% ■ K100% ■ K20% ■ K54.8%
 ■ M100% Y100% ■ M25% Y50% ■ K70% ■ K47%

おねがいします



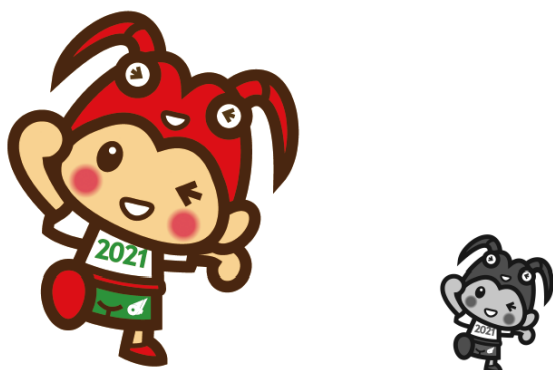
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 ■ M100% Y100% ■ M25% Y50% ■ M82.8% Y53.9% ■ K70% ■ K47% ■ K42%
 ■ M60% Y60%

ナンバーワン



■ M48% Y71% K87% ■ M82.8% Y53.9% ■ C80% M21% Y100% ■ K100% ■ K54.8% ■ K47%
 ■ M100% Y100% ■ M25% Y50% ■ K70% ■ K20%

ヤッター



■ M48% Y71% K87% ■ M82.8% Y53.9% ■ C80% M21% Y100% ■ K100% ■ K54.8% ■ K47%
 ■ M100% Y100% ■ M25% Y50% ■ K70% ■ K20%

ランニング



■ M48% Y71% K87% ■ M82.8% Y53.9% ■ C80% M21% Y100% ■ K100% ■ K54.8% ■ K47%
 ■ M100% Y100% ■ M25% Y50% ■ K70% ■ K20%

お願い（ハート）



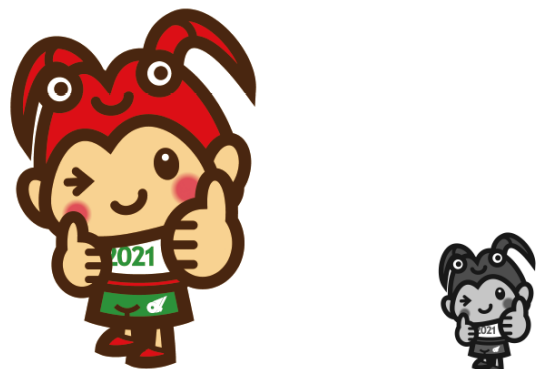
■ M48% Y71% K87% ■ M82.8% Y53.9% ■ C80% M21% Y100% ■ K100% ■ K54.8% ■ K47%
 ■ M100% Y100% ■ M25% Y50% ■ K70% ■ K20%

お願い（涙）



■ M48% Y71% K87% ■ M82.8% Y53.9% ■ C80% M21% Y100% ■ K100% ■ K54.8% ■ K47%
 ■ M100% Y100% ■ M25% Y50% ■ K70% ■ K20%

グッジョブ



■ M48% Y71% K87% ■ M82.8% Y53.9% ■ C80% M21% Y100% ■ K100% ■ K54.8% ■ K47%
 ■ M100% Y100% ■ M25% Y50% ■ K70% ■ K20%

チア（ポンポン）



■ M48% Y71% K87% ■ M82.8% Y53.9% ■ C80% M21% Y100% ■ K100% ■ K54.8% ■ K47%
 ■ M100% Y100% ■ M25% Y50% ■ C13% M80% Y90% ■ K70% ■ K20% ■ K62%

マスク着用



- M48% Y71% K87%
- M25% Y50%
- M100% Y100%
- K100%
- K20%
- K70%
- M60% Y60%
- C80% M21% Y100%
- K54%
- 52%

検温



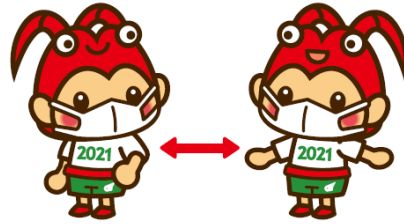
- M48% Y71% K87%
- M25% Y50%
- M100% Y100%
- K100%
- K20%
- K70%
- M60% Y60%
- C80% M21% Y100%
- C15%
- K54%
- 52%
- C50%

フェイスシールド



- M48% Y71% K87%
- M25% Y50%
- M100% Y100%
- K100%
- K20%
- K70%
- M60% Y60%
- C80% M21% Y100%
- C50%
- K54%
- 52%
- C50%

ソーシャルディスタンス



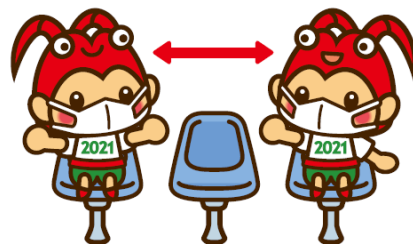
- M48% Y71% K87%
- M25% Y50%
- M100% Y100%
- K100%
- K20%
- K70%
- M60% Y60%
- C80% M21% Y100%
- K54%
- 52%

間隔をあけて並ぼう



- M48% Y71% K87%
- M25% Y50%
- M100% Y100%
- K100%
- K20%
- K70%
- M60% Y60%
- C80% M21% Y100%
- C40% Y60%
- K54%
- 52%
- K18%
- C15%
- C50% Y10%
- 4%
- 16%

間隔をあけて座ろう



- M48% Y71% K87%
- M25% Y50%
- M100% Y100%
- K100%
- K20%
- K70%
- M60% Y60%
- C80% M21% Y100%
- C50% M20%
- K54%
- 52%
- K26%
- C60% M30%
- C19% K15%
- 35%
- 20%

手指消毒



- M48% Y71% K87%
- M25% Y50%
- M100% Y100%
- K100% K20% K70%
- M60% Y60%
- C80% M21% Y100%
- C25% M40% Y65%
- K54% 52% K38%
- C19% K15%
- M50% Y30%
- C50%
- K20% 32% K15%

定期的に消毒しています



てい き てき しょうどく
定期的に消毒してます

てい き てき しょうどく
定期的に消毒してます

- M48% Y71% K87%
- M25% Y50%
- M100% Y100%
- K100% K20% K70%
- M60% Y60%
- C80% M21% Y100%
- C25% M40% Y65%
- K54% 52% K38%
- C40%
- C30% Y10%
- K12% K10%

手洗い



- M48% Y71% K87%
- M25% Y50%
- M100% Y100%
- K100% K20% K70%
- M60% Y60%
- C80% M21% Y100%
- C50%
- K54% 52% K15%
- C19%
- C19% K30%
- K5% K35%

入場制限中



にゅう じょう せい げん ちゅう
入場制限中

にゅう じょう せい げん ちゅう
入場制限中

- M48% Y71% K87%
- M25% Y50%
- M100% Y100%
- K100% K20% K70%
- M60% Y60%
- C80% M21% Y100%
- K54% 52%

換気



- M48% Y71% K87%
- M25% Y50%
- M100% Y100%
- K100% K20% K70%
- M60% Y60%
- C80% M21% Y100%
- C25% M40% Y65% K30%
- K54% 52% K68%
- C25% M40% Y65%
- C50% Y20%
- M50% Y30%
- K38% 17% K32%
- C30% Y10%
- C50%
- K10% 15%

せきエチケット



せきエチケットをしましょう

せきエチケットをしましょう

- M48% Y71% K87%
- M25% Y50%
- M100% Y100%
- K100% K20% K70%
- M60% Y60%
- C80% M21% Y100%
- C30%
- K54% 52% 9%

(感覚過敏等で) マスクがつけられません



マスクがつけられません



マスクがつけられません

■ M48% Y71% K87% ■ M25% Y50% ■ M100% Y100%
■ M60% Y60% ■ C80% M21% Y100% ■ C30%

■ K100% ■ K20% ■ K70%
■ K54% ■ 52% ■ 9%

みえスポーツ応援マスコット「とこまる」
デザインガイドマニュアル

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